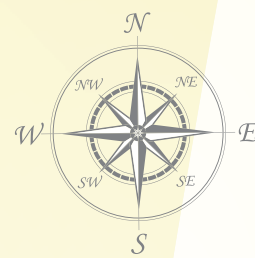




- BAOBAB PIZZERIA
- THE BOAT HOUSE
- LA FONTAINE RESTAURANT
- LA PERLE NOIRE
- LA PLACE
- CORAL STRAND SMART CHOICE HOTEL - ISLAND TRADER
- CORAL STRAND SMART CHOICE HOTEL - MAHEK RESTAURANT
- CORAL STRAND SMART CHOICE HOTEL - SEAVIEW RESTAURANT
- COCO D'OR HOTEL - THE WOK CHINESE RESTAURANT
- COCO D'OR HOTEL - UNCLE WILLY'S PIZZERIA
- COCO D'OR HOTEL - LA PALMA RESTAURANT
- BERJAYA BEAU VALLON BAY HOTEL - PIZZERIA
- BERJAYA BEAU VALLON BAY HOTEL - LE CANTON CHINESE RESTAURANT
- BERJAYA BEAU VALLON BAY HOTEL - TEPPANYAKI
- BERJAYA BEAU VALLON BAY HOTEL - THE PARROT
- BERJAYA BEAU VALLON BAY HOTEL - INDIAN TANDOORI CUISINE
- SUN PROPERTIES & RESORT - DOMAINE DU SOLEIL RESTAURANT
- SAVOY - GRAND SAVOY
- SAVOY - PESCADO
- SAVOY - GECKO BAR



1	★	LA DOMUS / CATHEDRALE OF OUR LADY OF THE IMMACULATE CONCEPTION	19	★	VICTORIA CLOCK TOWER
2	ⓘ	DOUBLECLICK CAFE	20	★	BICENTENNIAL MONUMENT
3	ⓘ	CAFE ITALIA	21	ⓘ	CAFE DE L'HORLOGE
4	★	SIR SELWYN SELWYN CLARKE MARKET	22	ⓘ	EX SEYCHELLES SUPREME COURT
5	★	NEWS CAFE	23	ⓘ	PIRATES ARMS RESTAURANT
6	★	HINDU TEMPLE - ARUL MIHU NAVASAKTHI VINAYAGAR	24	♠	VICTORIA INTERNATIONAL CASINO
7	★	RESTAURANT DU MARCHÉ	25	★	TOURISM INFORMATION OFFICE
8	★	KAZ ZANANA RESTAURANT & ART GALLERY	26	ⓘ	SAM'S PIZZERIA
9	ⓘ	LOVENUT CATERFERIA	27	★	STATE HOUSE
10	★	CAMION HALL	28	★	SENPA - ESPLANADE CRAFT KIOSKS
11	ⓘ	MARIE ANTOINETTE RESTAURANT	29	★	CARREFOUR DES ARTS
12	ⓘ	BODAMIER CAFE	30	★	KENYNS HOUSE
13	★	CENTRAL POLICE STATION	31	★	NATIONAL MUSEUM OF HISTORY
14	★	ST. PAULS CATHEDRAL	32	★	UNITY MONUMENT
15	★	TAXI STAND	33	ⓘ	MOLOKO RESTAURANT
16	★	POST OFFICE	34	★	SEYCHELLES NATIONAL BOTANICAL GARDENS
17	★	SEYCHELLES NATURAL HISTORY MUSEUM	35	★	LA DOLCE VITA
18	♠	AMUSEMENT CENTRE	36	ⓘ	FISHTAIL



VICTORIA
CAPITAL OF SEYCHELLES

MAHÉ

GRAND ANSE
ILE AUX VACHES
ANANI SEYCHELLES BARBARONS
RESORT & SPA
BARBARON

CASTOR ROAD
PALM STREET
HUTEAU LANE
MANGLIER STREET
5TH JUNE AVENUE
LIBERTATION AVENUE
CHÉMIN LATANIER
MONT FLEURI ROAD
AVENUE DE BOIS ROSE

HANGARD STREET
LODGE STREET
MARKET STREET
MALAKOFF STREET
QUINCY STREET
HARRISON STREET
REVOLUTION AVENUE
BET AIR ROAD

BUSTERMINAL
INTER ISLAND QUAY
STATE HOUSE
STADE POPLIER
NATIONAL LIBRARY
SEYCHELLES NATIONAL BOTANICAL GARDENS
MARINE CHARTER
YACHT CLUB
ILE HODOUL
NEW PORT

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36

P

MAHÉ



LA DIGUE



LEGEND

- | | | | |
|---|----------------------------|---|----------------|
|  | HOTEL, SPA
& RESTAURANT |  | JETTY |
|  | RESTAURANT |  | AIRPORT |
|  | SCUBA DIVING
CENTER |  | PETROL STATION |
|  | VIEWPOINT |  | CASINO |
|  | PLACES OF INTEREST |  | HOSPITAL |
| | |  | HELIPAD |

ENTRY FORMALITIES

No visa requirements to enter Seychelles. Documents required for immigration clearance are:

- Valid passport
- Return or onward ticket
- Proof of accommodation
- Sufficient funds for the duration of your stay

Above documents will grant you a Visitor's Permit issued upon arrival. The Visitor's Permit is valid for a maximum of one month, extendable at the Department of Immigration.

FOREIGN EXCHANGE REGULATIONS

Visitors may make payments in any currency, including Seychelles rupees. Exchange rates are determined by the market and may differ from bank to bank or bureaux de change.

Exchange rates are featured on the Central Bank of Seychelles website, in the Nation newspaper and at all banks.

Exchanging foreign currency into Seychelles Rupees must only be done authorized money dealers such as banks, bureaux de change, or with other licensed operators.

HEALTH MATTERS

A valid yellow fever vaccination certificate is required from travellers



over 1 year of age who come from or who have passed through a partly or wholly infected area (South America and Africa but excluding South Africa) within the preceding 6 days. There is NO risk of contracting malaria or yellow fever in Seychelles. Health clinics exist on the islands of Mahé, Praslin and La Digue and there are dispensaries on each of the islands offering accommodation.

HOURS OF BUSINESS

Office hours between 0800hrs and 1600hrs. Many shops outside the Capital remain open until 1900hrs.

BANKING HOURS

Banking hours are generally Monday-Friday 0830hrs-1400hrs, and Saturday 0830hrs-1100hrs. All banks process traveller's cheques and foreign exchange transactions. Passports are required for visitors' transactions and nominal commissions may be charged. ATM facilities exist at major banks on Mahé, Praslin and La Digue and at the airport on Mahé and

Praslin. Please note that these provide cash in local currency.

LANGUAGE

Seychelles has three official languages English, French and Creole.

RELIGION

Most of the population is Roman Catholic, with Anglican and other Protestant churches on Mahé, Praslin and La Digue existing in harmony alongside Muslim, Hindu and Baha'i communities.

SAFETY & VALUABLES

Seychelles is a safe destination but it is advisable to be cautious. Do not flaunt large sums of money or other high value items. Rather make use of your room or the hotel safes.

SHOPPING

Shops open 0900hrs to 1600hrs during weekdays and from 0800hrs to 1200hrs on Saturdays. Most shops in Victoria are closed on Sundays and public holidays.

TIME DIFFERENCE

Seychelles is 4 hours ahead of GMT, 3 hours ahead of British summer time and 2 hours ahead of European summer time.

TV, RADIO AND NEWSPAPERS

Local TV is broadcast in Creole, French and English with the recent addition of 'TV 5 Afrique'. The two FM radio

stations, Paradise FM and privately owned Pure FM, also air in the three national languages.

'Seychelles Nation' and 'Today in Seychelles' are daily newspapers. 'The People', 'Le Nouveau Seychelles Weekly', 'Le Seychellois Hebdo' are weekly publications in English, French and Creole.

SEYCHELLES
EMERGENCY
& ESSENTIAL NUMBERS

POLICE

Emergency 999
Hotline 133
Central Police Station 428 80 00

HOSPITAL

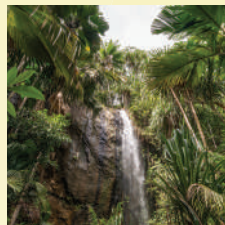
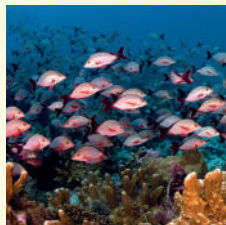
Emergency 151
Seychelles Hospital 438 80 00

FIRE & RESCUE SERVICES

Emergency 999
Hotline 432 32 42
Fire & Rescue 428 99 50

RISK & DISASTER MANAGEMENT

Emergency 252 26 22
Risk & Disaster
Management 467 22 00



Seychelles is an exceptional tourism destination renowned the world over for its stunning natural beauty, world-beating beaches and extraordinary flora & fauna. What visitors are increasingly discovering is how much more there is to a Seychelles' vacation than just sun, sea & sand.

Seychelles' 115 islands, many of which continue to slumber the sleep of ages, undisturbed and untouched since the dawn of time, are like a collection of Noah's Arks, each one distinct in character with its own particular history, unique treasures and story to tell.

Seychelles possesses awesome diversity, not only in terms of its granitic and coralline islands but also in its ethnicity, culture, architecture

and not to forget one of the premier ambassadors of the islands – the distinctively delicious Creole cuisine.

Seychelles is also about the diversity of activities and all that there is to discover: deep-sea fishing; island-hopping; diving and snorkelling; walks & trails; eco-tourism adventures; spa & wellness; golf and business & incentives.

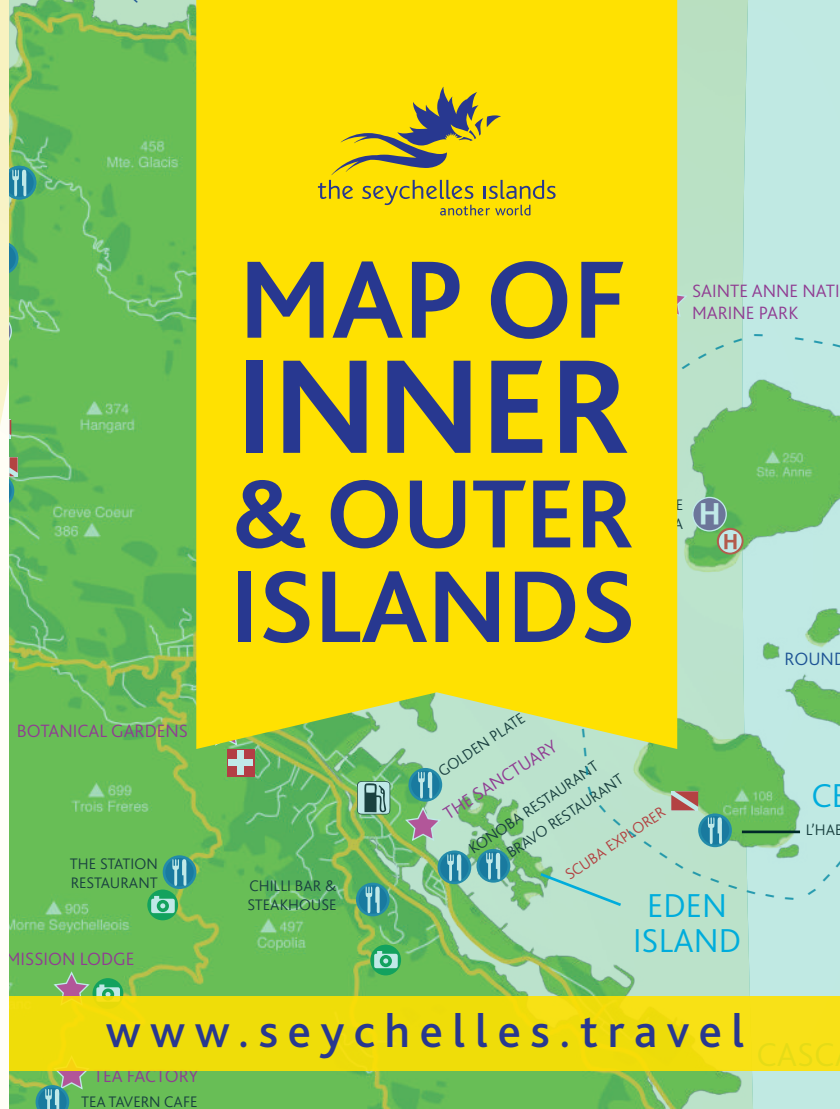
Among these islands, widely considered to be among the most beautiful on earth, you are sure to find more than you expected... but above all you will discover the authentic, Creole, island-style way of life of a friendly people living in an enchanting, pristine environment that is sure to steal your heart.



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MAP OF INNER & OUTER ISLANDS



www.seychelles.travel

Tips for a better holiday

CLIMATE

Year round temperatures between 24° and 32° C. Northwest trade winds (December-March) generally hot and humid. Southeast trades (May-September), drier and cooler. Remaining months are generally calm and relatively windless.

COMMUNICATIONS

Competing GSM networks operate range of full International roaming agreements. Payphones available throughout the Inner Islands. Internet service providers, Internet cafés, postal & courier services located in Victoria. Postal services & Internet cafés available on Praslin and La Digue.

CREDIT CARDS

MasterCard/Access and Visa Cards are widely accepted in Seychelles. American Express and Diners Club to a lesser extent.

CURRENCY

Local currency is the Seychelles Rupee

(Sr) made up of 100 cents. Notes: Sr10.00, Sr25.00, Sr50.00, Sr100.00 and Sr500.00. Coins from Sr5.00 downwards. Seychelles accepts all major currencies. Traveller's cheques are accepted at banks.

DRINKING WATER

Tap water on Mahe and Praslin is safe to drink. Elsewhere, advisable to drink bottled spring water.

ELECTRICITY

In Seychelles voltage is 220-240 volts AC 50 Hz delivered via British standard square three-pin, 13 amp sharp electric plug. Visitors from other countries are advised to bring their own adaptors.

