

In MTB with Alberto to discover our Country, where Nature mixes with Art and History

Mountain Bike Package (4 days/3 nts) from € 780,00 min. 4 people - FULL BOARD

Wolf & Coyote Valleys

and UNESCO WORLD HERITAGE CENTRE Crespi d'Adda

Day 1: transfer from Milano airport to 4* hotel, dinner and overnight stay.

<u>Day 2</u>: breakfast, Mtb delivery and starting with Mtb tour (<u>WOLF AND COYOTE VALLEYS</u>), light lunch, free afternoon, dinner and overnight stay.

This path is one of the most interesting of our offer, regarding technical and physical difficulty. It develops into the woods near Adda river, in the middle of North Adda Park. This itinerary is divided into two pieces: "Wolf Valley" and "Coyote Valley".

Itinerary Style: Cross Country; it's a path that mainly requires lungs and legs and shows rare demanding obstacles Type of land: Cycle paths 20% and Dirt Track 80% Height gain: 105 mt Distance: 36 km Technical difficulty: medium Physical difficulty: medium Suitable for cycling: 90%



<u>Day 3</u>: breakfast, Mtb delivery and starting with Mtb tour (<u>CRESPI D'ADDA-ALONG ADDA AND BREMBO RIVERS</u>), light lunch, free afternoon, dinner and overnight stay.

<u>Unesco</u> hold Crespi d'Adda in his List of <u>Protected World Heritage</u> as an exceptional example of workers village, the most complete and best kept in South Europe. We'll reach Crespi along the "Valfregia" and crossing Adda river along the walkway. After lunch, we'll ride along Brembo river and Adda river and we'll arrive at Martesana Canal that will take us back to our starting point (Vaprio d'Adda).

■ Itinerary Style: Suitable for all, cycle path and dirt track don't request any technical task, even if it is advised to have a minimum training in order to finish the trip. Type of land: Cycle paths 50% and Dirt Track 50%. Height gain: 29 mt. Distance: 25 km. Technical difficulty: low. Physical difficulty: low. Suitable for cycling: 100%

Day 4: breakfast and transfer from hotel to Milano airport. End of services.

