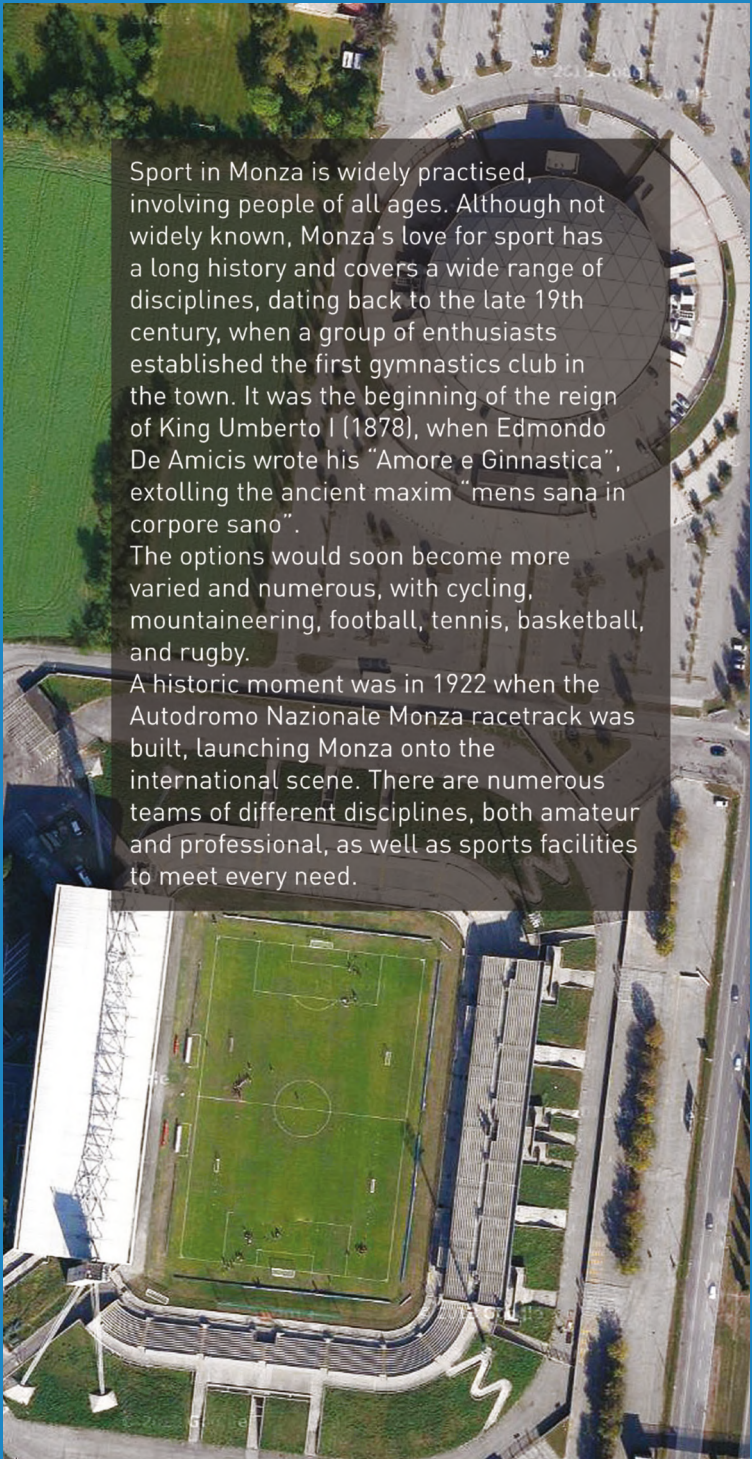


SPORT AT DIFFERENT SPEEDS

Great sport facilities in
the park of Monza and in
the city

MONZA TURISMO



An aerial photograph of Monza, Italy, featuring a large circular building with a dark, patterned roof and a green football stadium with a white pitch and stands. The stadium is surrounded by a road and some trees. The background shows a mix of green fields and urban areas.

Sport in Monza is widely practised, involving people of all ages. Although not widely known, Monza's love for sport has a long history and covers a wide range of disciplines, dating back to the late 19th century, when a group of enthusiasts established the first gymnastics club in the town. It was the beginning of the reign of King Umberto I (1878), when Edmondo De Amicis wrote his "Amore e Ginnastica", extolling the ancient maxim "mens sana in corpore sano".

The options would soon become more varied and numerous, with cycling, mountaineering, football, tennis, basketball, and rugby.

A historic moment was in 1922 when the Autodromo Nazionale Monza racetrack was built, launching Monza onto the international scene. There are numerous teams of different disciplines, both amateur and professional, as well as sports facilities to meet every need.

GREAT SPORTS FACILITIES IN THE PARK OF MONZA

Monza's park is home to facilities designed specifically to encourage sport.

The most important facility is without doubt the Autodromo Nazionale Monza, where racing events of international importance are held (Formula One grand Prix, Coppa Intereuropa Storica, Monza Rally Show, etc. ...).



GOLF CLUB MILANO

Set amidst the greenery of the park is the Golf Club Milano, reference point for golf enthusiasts. Covering over 100 hectares with 27 holes, the golf club hosts international and national golf events.

The Club House also hosts conferences and business meetings, as well as parties and



celebrations. A restaurant, solarium and other facilities

have been added to make the guests' stay even more enjoyable.

RACE TRACK

Built in 1922, in just 110 days, the track was built to a design of the Automobile Club Italia to host races and carry out experiments in motor sport. Since then, except for during the war, the track has always hosted the **Formula 1 Italian Grand Prix**.

Its popularity among enthusiasts is testified by the hundreds

of thousands of spectators who pack the stands for sporting events such as the Formula 1 Italian Grand Prix and the Coppa Intereuropa Storica.

The location of the race track, inside the park, creates a unique setting in a natural environment.

The facility also hosts numerous open air meetings, exhibitions,

shows and music events. Guided tours allow visitors to see the Autodromo in all its aspects.

There are now also "Hot Lap" services, allowing visitors to get in a GT car with a driver and experience the thrill of a breath-taking ride, or the dream of driving prestigious GT or authentic Formula 3 to





The location of the race track, inside the park, creates a unique setting in a natural environment.

Formula 1 cars, in the footsteps of current and past champions. The instructors train participants to control the car in an emergency situation and in all road conditions. The training course reproduces, in total safety, unforeseeable dangers, braking, obstacles, wet bends, slippery tarmac and various types of bend. The track's international reputation for sporting excellence, experi-

mentation, ease of communication and the facilities themselves, have made it possible to bring together national and international bodies, in collaboration with organizations, universities and companies, focusing on development, social issues and sustainability. Here, innovative projects to limit environmental, technical and automotive impact are studied and implemented. The Autodromo has

always been home to technological experimentation, from disc brakes (1953) to the guardrail (1955), not to mention draining/self-cleaning tarmac (1999), and the Radio Frequency transponder (1989) for vehicle identification and the monitoring of journey times.

SPORTS IN THE PARK

Sport in the Parco di Monza is extremely popular, involving thousands of people who choose to practice sport outdoors in the park's green areas, avenues and pathways all year round. Individuals or small groups come here to enjoy themselves, not just organised sports clubs.

Football, cycling, running, cricket, horse riding, yoga, tai chi chuan, Nordic walking, orienteering and many other activities are practiced here every day by local people and visitors.

The park, in fact, covering no less than 700 hectares, attracts thousands of sports enthusiasts and nature lovers.



HORSERIDING

There has been a horseriding facility near Villa Mirabello since 1979.

The facility covers an area of around 11,000 m² and is perfectly integrated with the surrounding historical setting. The main activities of the



centre are horse rides in the park, the riding

school and the pony school.

NORDIC WALKING



There are five trails in the park for this new way of practising sport for everyone all year round, which offers an easy, cheap and fun way to enjoy a healthy and active

lifestyle. Certified instructors of the Scuola Italiana Nordic Walking, a guarantee of professionalism and expertise, offer lessons, courses and activities in the park.

At the starting points marked on the map there are descriptive panels with all the information on the two categories of courses, medium and easy.

ORIENTEERING



The City of Monza in collaboration with the Lombard Regional Committee of the FISO (Italian Orienteering Federation) has created a permanent orienteering course in the park's woods. The sport consists of following a predefined path with numbered check points (plates

with international white/orange symbols) using solely a compass and a detailed topographic map.

After being given the map, each participant must complete the course between these checkpoints in the shortest possible time possible. Monza's Park, then,

is a "natural" gym, with a sports and educational role, aimed at toddlers and school children as well as offering leisure activities for everyone who wants to try their hand at an alternative sport outdoors. Maps are available at the Info Point at Porta Monza.

CRICKET

























The matches of this team game are held on Sundays from May to September in the fields of the former racecourse.

TAI CHI CHUAN AND YOGA

These activities take place on Sundays from May to September on the lawn behind the Villa Reale.



ROYAL PARK

-  Tourist Informations
-  Gates and entrances
-  Monza Eni Circuit Gates
-  Parking areas
-  Tourist Bus Stop
-  Tourist Bus Parking
-  Refreshment points
-  Picnic areas
-  Playground
-  Bike rental
-  Bike Sharing
-  Touristic train
-  Camping
-  Swimming pool
-  Stables
-  Nordic Walking medium-starting point
-  Nordic Walking easy-starting point
-  Orienteering
-  Defibrillator Cabinet
-  WC
-  Digital Infopoint
-  Free Wifi (bWiFree - Comune Monza)
-  Drinking fountain
-  Taxi



* Serrone,
Rotonda dell'Applari,
Teatrino di Corte,
Cappella Reale

SPORTS FACILITIES IN THE CITY

The town offers a wide range of sports facilities, with 29 gyms, a sports hall, two stadiums, nine football pitches, six sports centres (of which two with swimming pools), a

swimming centre, a fishing lake, a fencing centre, a bike park, two bowling alleys, and a rugby pitch. Considered icons of sport in Monza, the Stadio Brianteo and the

Palazzetto dello Sport are different in age and function. Both buildings are located within walking distance of each other, making the whole area a focal point for sport in Monza.

An extensive array of sports facilities provided by the town council.

STADIO BRIANTEO

The Stadio Brianteo, built in the 80s, has always hosted the matches of the town's football team, as well as other

sporting and music events throughout the year. In 1979 Monza's football club submitted plans for the stadium, and

the foundation stone was laid in 1982. The finished stadium was inaugurated in 1988, and seats 18,568.

PALAZZETTO DELLO SPORT

The sports hall is a recently built facility, owned by Monza town council. Since 2012 it has been managed by a major volleyball consortium, which redeveloped it, and now uses it for training and matches.

On days when the facility does not host sporting activities, the hall can be rented to anyone looking for a venue combining organizational efficiency and an atmospheric setting. Used for various

types of events, both sporting and otherwise, the hall has an indoor area of 5,160 m², 1,750 square meters of play-grounds and 4,000 seats.



STADIO “G. SADA” MONZA

The old “Gino Alfonso Sada” stadium currently hosts the meetings of the town’s women’s football team. Until the 1987-88

season it was also used by the men’s team.

The stadium was named in 1965 after Gino Alfonso Sada, the chairman who, at

the turn of the fifties and sixties, led the local team close to promotion to the top division on various occasions.

CENTRO NATATORIO “PIA GRANDE”

The “Pia Grande” swimming centre is owned by the town and was opened in 2005.

It is named after Pia Grande, a former city councillor for sports who died prematurely in 2004.

It hosts major water polo teams that compete in regional



and national championships, and has two

pools – 33 m and 25 m – and a jacuzzi tub.

CENTRO SPORTIVO PIOLTELLI

The Pioltelli sports centre is owned by the town, and boasts an officially approved athletics track and rugby pitch, where the town’s

club, Rugby Monza, dating back to 1949, trains and plays its matches.

In addition to an impressive youth team, the women’s

team, which plays in Serie A, won the league title in the 2013-2014 Championship.

MONZA PIZZA BIKE PARK

In Monza you can find the first public bike park in Italy for dirt jumpers and freeride MTB enthusiasts. Inaugurated in 2017, in Via Bucci, the structure boasts 2,500 square meters of land, appropriately equipped with paths and trails of different difficulty.

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