

# ACCESSIBLE TOURISM IN THE COSTA DEL SOL

A DESTINATION FOR EVERYONE



Here at the Costa del Sol we want absolutely everybody to be able to visit our beautiful destination.

Here at the Costa del Sol we want absolutely everybody to be able to visit our beautiful destination. Located in the province of Malaga, the Costa del Sol is truly one-of-a-kind with its paradise beaches, verdant mountainscapes, narrow streets snaking through villages oozing history, museums and art, not to mention the delicious food and drink.

The province of Malaga is therefore committed to making the Costa del Sol entirely accessible. The vast majority of monuments, museums, restaurants, streets, accommodation and beaches have therefore been adapted so absolutely everybody can enjoy them and live an unforgettable and worry-free experience of the sun, sand and culture at the Costa del Sol.

All our means of transport are accessibility-friendly, from Malaga Costa del Sol airport with its meeting points for people with reduced mobility to our train stations, metro and local train line (like Malaga María Zambrano station). Services and assistance including lifts, car parks and more are available so everyone can have a wonderful holiday on the Costa del Sol.





## Index

1. ACCESSIBLE ACTIVE TOURISM
2. ACCESSIBLE MONUMENTS AND MUSEUMS
3. ACCESSIBLE BEACHES
4. ACCESSIBLE GOLF COURSES

1.



## ACCESSIBLE ACTIVE TOURISM

If you love nature, you're going to love the extraordinary scenery of the Costa del Sol.

Guided tours and visits, audio guides and accessible pathways are offered at the majority of natural parks and beauty spots.

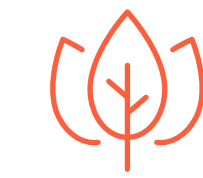




## El Torcal de Antequera

El Torcal de Antequera is a natural paradise that will stun you with its beauty.

Declared a World Heritage Site by UNESCO, it has two accessible trails: Mirador de las Ventanillas route and Monumento Natural del Tornillo route.



## Laguna de Fuente de Piedra

Laguna de Fuente de Piedra is the biggest lake in Andalusia and the second largest in Spain.

It is famed for being the home of one of the largest colonies of flamingos in Europe. It offers accessible trails with gently sloping smooth surfaces.



## Montes de Málaga

Montes de Malaga Natural Park boasts a number of accessible trails.

Ecomuseo Lagar de Torrijos also offers guided hiking tours adapted to people with visual impairment, in which you will be immersed in the different sounds of the woods and the fragrances of the local flora.



## Sierra de Grazalema

Straddling the provinces of Malaga and Cádiz, Grazalema Natural Park offers a variety of accessible trails that are wide, almost entirely flat and with very few curbs and obstacles.

The park also has a range of viewing points for people in wheelchairs, such as Mirador del Boyar and Mirador de los Acebuches.



# 2.



## ACCESSIBLE MONUMENTS AND MUSEUMS

Both Malaga city and the other villages and towns on the Costa del Sol offer boundless opportunities to soak up some art and culture.

Practically all the museums in the province are accessible. Let's take a look at the most popular.





## Museo Carmen Thyssen (Malaga)

Museo Carmen Thyssen is housed in Palacio de Villalón, a building dating back to the 16th century sitting in the historic centre of Malaga.

Its permanent collection comprises works of 19th century Spanish artists with a focus on Andalusian painting. It also runs temporary exhibitions and organised cultural and educational activities.

To ensure visitors with sensory impairment can enjoy the art, there are subtitled descriptions, audio descriptions and interpretations in sign language in the multi-media guide and app.



## Centro Pompidou (Malaga)

The forever atmospheric Muelle Uno is home to the Pompidou Centre. Opening its doors in 2015, Pompidou Centre Malaga is the first gallery part of the Parisian institution to open outside of France.

The gallery offers a journey through the art of the 20th and 21st centuries with pieces carefully selected from one of the most important collections of modern and contemporary art in the world. The centre offers a range of services for people with reduced mobility to make your visit worry free. There are also activities for people with visual impairment, including Eyes Wide Shut, a special tour of the permanent collection using free audio guides.



## Museo Interactivo de la Música de la Música (Malaga)

Museo Interactivo de la Música de Málaga (MIMMA), located in Palacio del Conde las Navas, contains almost 1000 objects, including 400 pieces in the permanent exhibition. It goes without saying the MIMMA is no ordinary museum.

Accessibility is very important to the museum. In addition to making the space accessible to people with reduced mobility by removing physical obstacles and installing ramps and lifts, the museum also offers touch screens and a range of sensory experiences.



## Museo Picasso (Malaga)

Sitting in the historic centre of Malaga in Palacio de Buenavista, Museo Picasso Malaga aims to make art more accessible by offering an inclusive programme that gets everyone involved.

Throughout the year the gallery organises visits, art workshops and interactive activities for people with reduced mobility, learning difficulties, sensory impairment as well as for people in vulnerable social situations.



## Museo Automovilístico y de la Moda (Malaga)

Housed in the former Tabacalera or tobacco factory, the automobile and fashion museum displays an extraordinary private collection belonging to the Portuguese collector João Manuel Magalhaes. The collection is composed of exclusive pieces by famous brands such as Jaguar, Rolls Royce and Ferrari, to name but a few.

The museum also has a section dedicated to the world of fashion, exhibiting a large collection of vintage items from world-famous designers such as Chanel, Givenchy, Balmain and Prada. The museum is fully adapted for people with reduced mobility.



## Colección del Museo Ruso (Malaga)

A point of reference for Russian culture outside the country, Colección del Museo Ruso displays works by the greatest names in Russian art throughout time.

Located in the Tabacalera, or the former tobacco factory, the museum has been adapted to make it entirely accessible.

The centre has ramps, lifts and adapted bathrooms so you can move through the spaces with ease. What's more, the staff are available to help visitors with reduced mobility get around.



## Museo Aula del Mar Alborania (Malaga)

Museo Aula del Mar Alborania sits on Palmeral de las Sorpresas at Malaga port, just minutes from the city's historic centre. The building is 100% accessible for people in a wheelchair.

The aim of Museo Alborania del Mar is to strengthen the connections between people and the sea with exhibitions that immerse you in the marine habitat, through the animals inhabiting the waters, educational programmes for children and activities for businesses.





## Museo de la Ciudad de Antequera (Antequera)

Museo de la Ciudad de Antequera contains 20 rooms exhibiting everything from the symbols of the city to remains from archaeological digs and even modern paintings.

Alongside the permanent exhibition, the museum offers cultural activities and workshops, making it a focal point for both the town's inhabitants and visitors.

Museo de la Ciudad de Antequera has won prizes for its accessibility, specifically for a pioneering technology that makes all the content of its displays accessible to people with learning difficulties.



Fuente: [www.museobandolero.com/situacion](http://www.museobandolero.com/situacion)

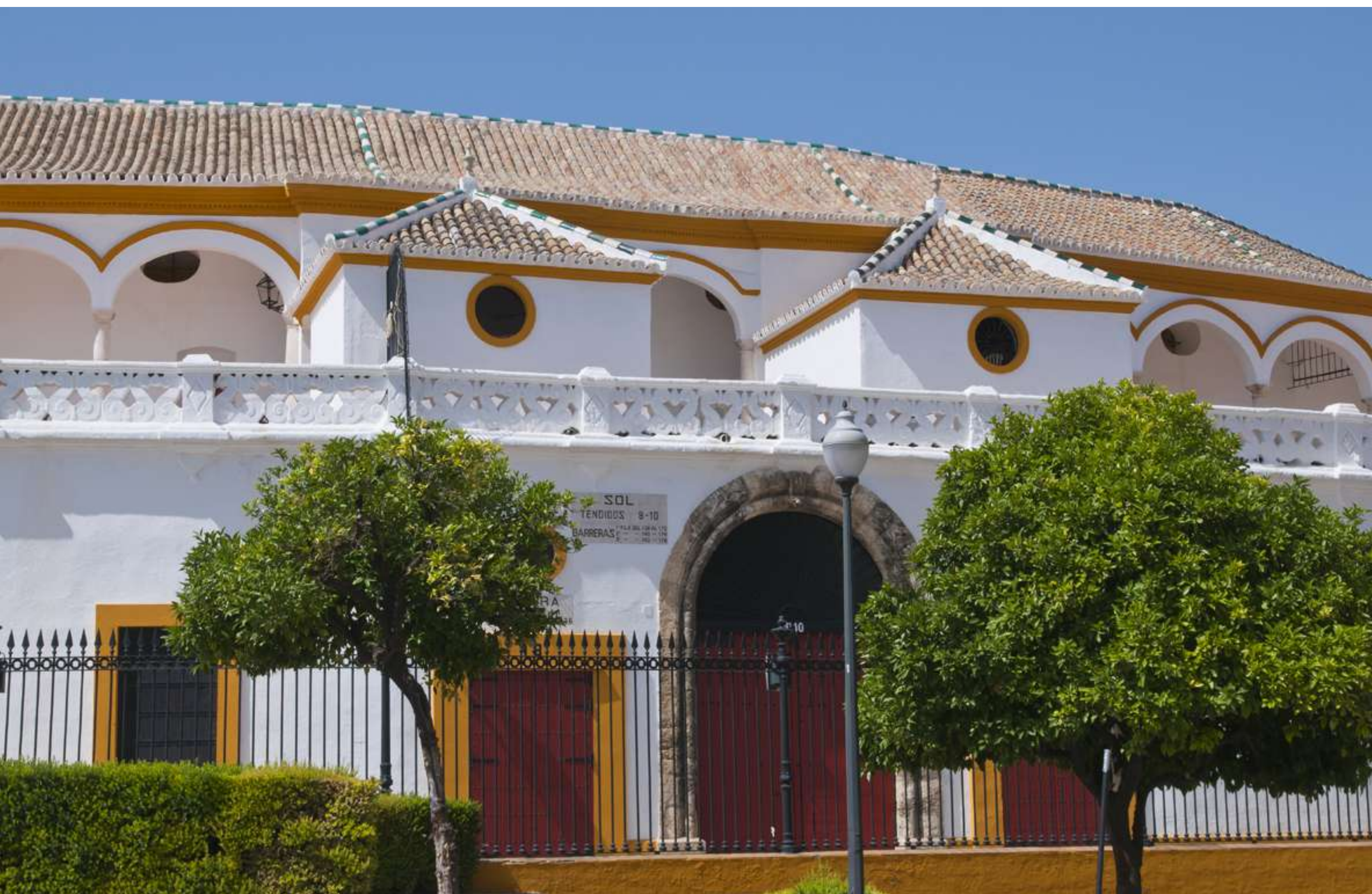


## Museo del Bandolero (Ronda)

The town of Ronda opened Museo del Bandolero to shine a light on the Andalusian cultural phenomenon that is brigandage.

The museum houses a collection of books, objects, weapons, documents, clothing and other interesting pieces about the brigands and is considered a point of reference on the topic around the world.

The museum has a second entrance that is totally accessible for people with reduced mobility.



## Real Maestranza de Caballería (Ronda)

Lovers of bullfighting won't want to miss a visit to Real Maestranza in Ronda, which offers an accessible visit to the bull ring and the two adjoining museums.

The entrance to the building is entirely accessible, and most of the interior does not pose any accessibility challenges, offering large and obstacle-free spaces.

There is also an accessible bathroom and an audio guide available.



## Museo Arqueológico (Frigiliana)

Museo Arqueológico is housed in Casa del Aperó, a 12th century building where you can discover the history of Frigiliana from the Neolithic age to the present day.

The chronological exhibition displays 125 pieces discovered in the municipality, as well as a contemporary art room and an additional temporary exhibition space.

In terms of accessibility, the museum enables people with any level of visual or auditory impairment to soak up the culture and history of Frigiliana, offering information through an audio guide, signoguide (a video in sign language), braille transcriptions of the information panels and a relief map of the building.



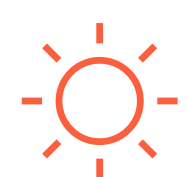
## Museo Ralli (Marbella)

Museos Ralli is a group of museums run by a non-profit institution whose goal is to spread Latin-American art across Europe.

Entrance to all Ralli museums is free and the centre in Marbella houses art from famous European artists like Miró, Dalí and Giorgio de Chirico, among others.

An important collection of contemporary and avant-garde art that is completely accessible for people with reduced mobility.

# 3.



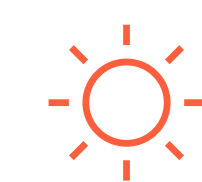
## ACCESSIBLE BEACHES

Most beaches on the Costa del Sol are accessible so that absolutely everyone can enjoy their white sands and turquoise waters.

With ramps, floating water wheelchairs and assistants, there's absolutely everything you need to have an amazing day out at the beach.

\* To find out more about each beach and the services it offers, please contact the Department of Beaches of the municipality in question.

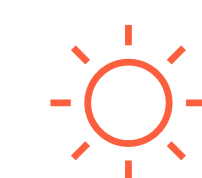




## Accessible beaches in Rincón de la Victoria

Rincón de Victoria's 9 kilometre stretch of coastline offers easy access to the beaches from the seafront promenade with three accessible entry points and bathrooms available for people with disabilities or reduced mobility.

Torre de Benagalbón beach, El Tajo beach in Rincón de la Victoria (opposite the ASALBEZ association) and Cala del Moral (opposite Llano Baluma) offer accessible bathrooms, pergolas in the shade, changing rooms and accessible beach pathways (made of cement).



## Accessible beaches in Malaga

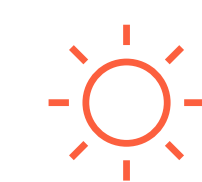
Misericordia is one of the most accessible beaches in Malaga city, not just for people with reduced mobility, but also for people with visual and auditory impairments.

It offers a range of services, namely a signpost, information buoys in the sea, assistance buoys, waterproof talking watches and sturdy beach pathways.

The beach also has reserved parking spaces, ramps, a pathway right up the shoreline, floating water wheelchairs, accessible bathrooms and showers as well as assistants. El Dedo beach, in el Palo, offers the exact same set of services.

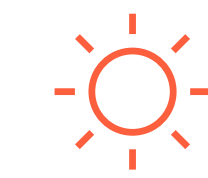
Malaga city also has many other beaches with accessible bathrooms, water wheelchairs and even water lifts so that people with reduced mobility can access the water. Beaches with these services include Guadalmar, San Andrés, La Malagueta, La Caleta, Pedregalejo and El Palo.





## Accessible beaches in Torremolinos

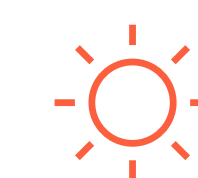
The municipality of Torremolinos also offers various kilometres of beaches that have been adapted so people with reduced mobility can enjoy the sun, sand and sea. Specifically: La Carihuela beach (between Remo Beach and Tropicana beach bars), Bajondillo beach (between Macarena beach bar and La Paella restaurant), Playamar beach (between Sal Marina beach bar and Restaurante Casa Paco) and Los Álamos beach (between Nuevo Familiar beach bar and La Moraga beach bar).



## Accessible beaches in Benalmádena

Benalmádena has two moveable ramps so that floating water wheelchairs can easily access the water.

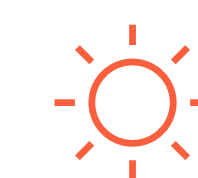
The service is available at Malapesquera beach and Arroyo de la Miel beach. Both beaches also offer a range of other services, including accessible bathrooms and toilets, swimming assistants and loungers for people with reduced mobility and their companions.



## Accessible beaches in Mijas

Mijas has four beaches boasting the Universal Accessibility certification. Of these, Calahonda Luna-Royal beach, El Bombo beach and La Cala beach offer swimming assistance to people with reduced mobility or any other kind of disability.

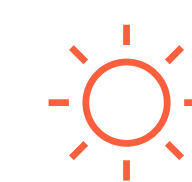
All beaches have reserved parking spaces, accessible pathways on the sand, showers, shaded areas and technical swimming assistance. La Cala, El Bombo and Calahonda-La Luna beaches also have designated areas of shade for people with disabilities.



## Accessible beaches in Fuengirola

Fuengirola was a pioneering town in Andalusia for creating accessible beaches 20 years ago. Currently, all of the beaches on its coastline (El Castillo, Fuengirola, Boliches-Gaviotas and Carvajal) have an area specifically for people with reduced mobility.

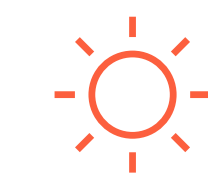
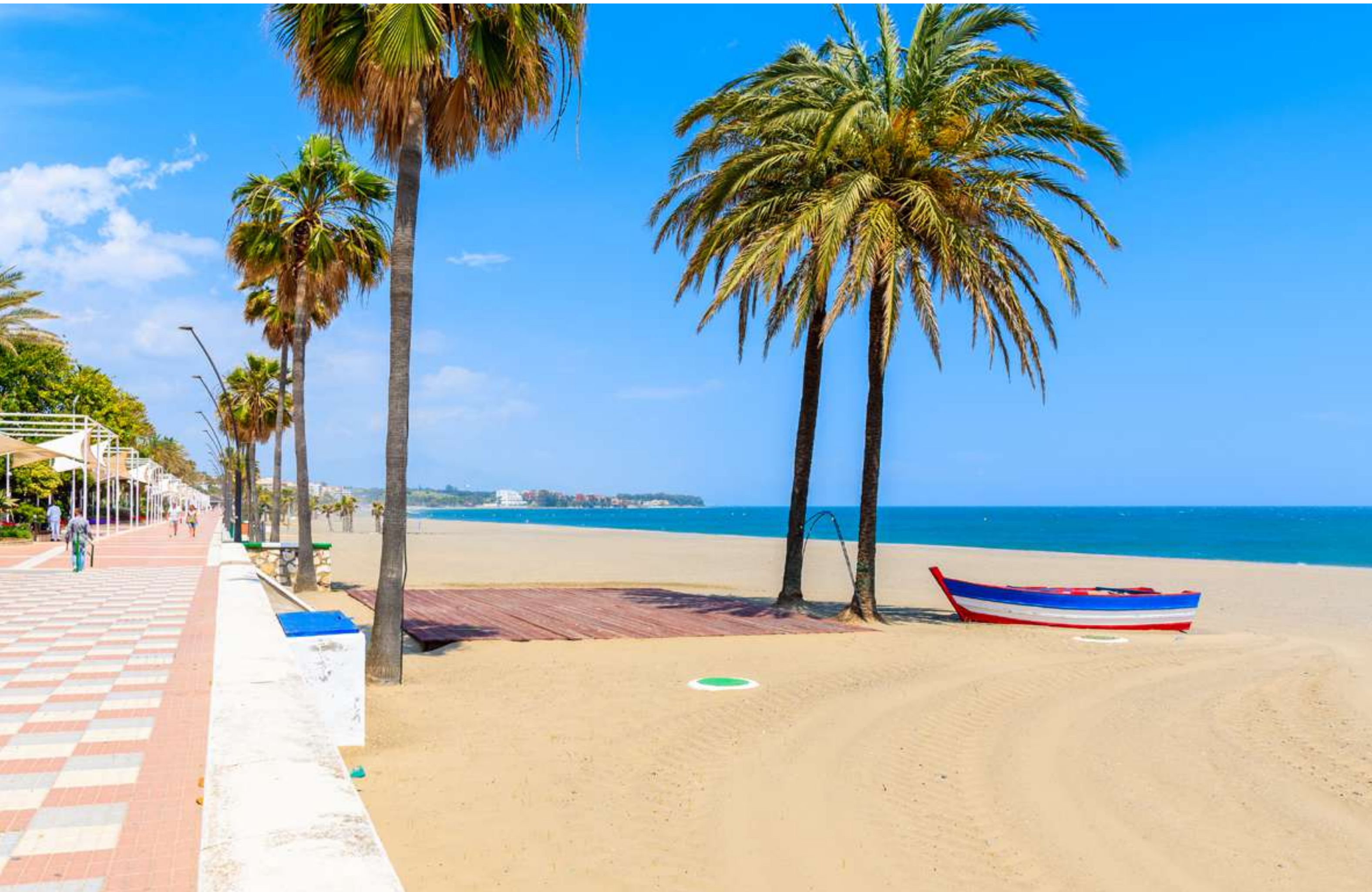
Each of these spaces contain accessible toilets and showers, wheelchairs, amphibious crutches and water lifts. Throughout the summer months, the accessible beaches are attended by qualified staff between 11am and 8pm daily.



## Accessible beaches in Marbella

A number of beaches in the municipality of Marbella have accessible toilets, and all beaches provide wheelchairs, amphibious crutches and swimming assistants.

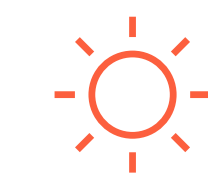
The most accessible beaches in Marbella are San Pedro Alcántara, Nueva Andalucía, El Faro, La Bajadilla and Cabopino. In addition to the aforementioned services, these beaches also offer designated shaded areas for people with reduced mobility and accessible surfaces for people in a wheelchair (accessible parking and access ramps).



## Accessible beaches in Estepona

The municipality of Estepona offers a number of accessible beaches so people with limited mobility can enjoy the fun of the sand and the sea. La Rada, El Cristo, El Padrón, Arroyo Vaquero and El Saladillo beaches provide amphibious wheelchairs and crutches.

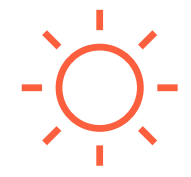
La Rada, El Cristo and El Padrón also have designated areas of shade. Finally, La Rada and El Cristo beaches also have swimming assistants between 12pm and 8pm.



## Accessible beaches in Manilva

Sabinillas beach is located in the heart of San Luis de Sabinillas village in Manilva. With its dark sand and calm waters, Sabinillas beach is a popular and accessible spot for people with reduced mobility. There is easy access from the seafront promenade.

# 4.



## ACCESSIBLE GOLF COURSES

Golf is a sport for everyone, regardless of your age, sex or physical condition. It's a wonderful way to make new friends and do some exercise as well as challenge yourself and set yourself some personal goals.

Aware of this, lots of golf courses have invested in adapting their facilities to make them 100% accessible. Examples of this include Parador de Golf (in Malaga), which has hosted important accessible golf championships at the European level, as well as La Quinta Golf (in Marbella) and Baviera Golf, which both have golf schools for people with disabilities.







# Boundless ways to spend your free time on the Costa del Sol

The Costa del Sol offers a wide range of leisure activities, and just as many with infrastructures that have been adapted to meet the accessibility needs of everybody. Sports facilities, such as La Rosaleda football stadium and Martín Carpena sports centre, which are also used to host all sorts of events and concerts, bars, restaurants, cinemas, theatres, shopping centres, conference centres and amusement parks (such as Bioparc de Fuengirola) are fully accessible to people with reduced mobility and learning disabilities. The Costa del Sol is today, more than ever, equipped so that absolutely everybody can have an amazing holiday.

